

FORBES FALCON ATHLETICS

Dear Athletes and Parents: We thank you for joining the Forbes Middle School Athletic program. We are happy to have you with us as the lifeblood of our program. The athletic program at FORBES has been increasingly successful over the past few years, and we expect that trend to continue this year!! Here are some philosophical points we coaches feel are integral to what has sparked our recent success at Forbes.

Athletes are expected to be leaders on campus athletically, and are encouraged to continue that leadership academically and in other extracurricular activities. We firmly believe that your child is a student first. It is his responsibility to maintain not only passing grades, but we hope, A's and B's. Coaches keep a close eye on grades throughout the year and may require tutorials and makeup work when we see a drop in academic performance. We ask that players take the lead responsibility in contacting coaches in advance if a player is going to miss a practice or game. Please email the head coach of his team or leave a message at 943-5150, ext. 7787.

We make use of sports and athletics to teach life lessons about toughness, teamwork, responsibility, commitment, goal setting, and hard work. We are lucky to work with your sons and we take that mandate seriously. With cooperation and positivity from coaches, players, and parents, the sky's the limit in how rewarding and successful this year can be. Please read through and discuss the following documents with your athlete. The coaches are proud of FORBES MIDDLE SCHOOL and the boys' athletic program. Choosing to be a member of the FORBES FALCON Athletic program requires hard work and dedication. Athletes will be held accountable to the program's expectations.

Paul Gammage--Coordinator, 8th Football, 8th Basketball, Track

Michael Brittain--8th Football, Powerlifting, Track, Soccer

Miguel Lira--7th Football, Basketball, Track

Micah Down--7th Football, 7th Basketball, Track

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FORBES FALCON EXPECTATIONS AND RESPONSIBILITIES:

1. Always be on time or early.
2. Follow all GISD and FORBES Middle School's rules and Code of Conduct.
3. Show respect to ALL others. Have good manners. Be polite.
4. Keep the locker room area clean and take care of equipment.
5. Each athlete will be issued a lock and locker. Use your lock EVERYDAY to secure your personal items. The school and coaches are not responsible for any personal items not secured. Lost locks will result in a \$5 charge to replace the lock. DO NOT BRING LOCKS FROM HOME FOR YOUR ATHLETIC LOCKER!
6. Wear the proper athletic uniform daily. No jewelry. Hair should be up and out of your face. No chewing gum during practice. *****A gaiter or mask is part of your uniform*****
7. Set high academic standards for yourself.
8. Set high behavior standards for yourself.
9. BE A ROLE MODEL AND A MAN OF INTEGRITY.

FALCON STUDENT-ATHLETE CONDUCT

We pride ourselves at Forbes in having well-mannered, upstanding young men in our athletic program. Don't do anything to tarnish that reputation. Conduct yourself with class and respect in school, on road trips, during games, and whenever you represent our campus.

PENALTIES FOR INAPPROPRIATE PLAYER CONDUCT

1. Physical Conditioning
2. Player Contract
3. Game or games Suspension
4. Dismissal from team

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TRAVEL PROCEDURES:

Transportation will be provided to and from athletic contests. Athletes are strongly encouraged to ride the bus after a contest. Post-game time is extremely important for team bonding and game review. If an athlete must ride home with their parents, sign out with the coach first. Failure to follow correct checkout rules can result in disciplinary action.

CELL PHONE POLICY

1. *******NO CELL PHONES THE LOCKER ROOM*******

2. Can be used on the bus to and from games to listen to music or communicate with parents. **SOCIAL MEDIA IS NOT ALLOWED!**

3. Are not to be used at competitions. Athletes are expected to watch the games, cheer and support their teammates.

4. Should be turned off and secured in the Athlete's locker during the Athletic period and during practices.

Continuous or egregious violations of this policy will result in confiscation of the phone

SPECTATOR EXPECTATIONS

We ask that you exhibit good sportsmanship and be a role model for your child as you watch games. *****Due to Covid restrictions, there will be limits on the number of spectators at contests this year. There will be other protocols in place, that could include: clearing gyms between games, needing vouchers to purchase a ticket, being denied entry if the venue is at capacity.*****The school is responsible for the behavior of their spectators. The school district can be and will be punished for actions of patrons in violation of UIL standards and rules.

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TRYOUTS

Tryouts for teams at FORBES Middle School are highly competitive. With this in mind, team members should understand that the FORBES teams take priority over any club team. FORBES players should never miss a practice or a game due to a club team obligation. Any player who violates this rule could be subject to immediate dismissal. Members of the FORBES FALCON basketball and soccer teams are required to participate in various tournaments during the season. Anyone taking a spot on one of these teams should be committed to participating in the tournaments. *****DUE TO COVID RESTRICTIONS, NO TOURNAMENT PLAY THIS YEAR****

GISD POLICIES FOR INJURY

****Due to Covid protocols, we require athletes to complete the Google Covid Form every weekday regardless of school attendance. Any athlete who is being observed or treated for suspected Covid contraction will need to fill out this form every day until cleared.**** If a student-athlete is injured or sick and cannot participate in athletics, a note from a parent or guardian will be valid for two days only. After such time, a doctor's note or a note from the athletic trainer will be required for any injury or illness that limits participation in Athletics, including follow up visits. A doctor note stating that he may not participate for a certain number of days means he will not be allowed to participate until those days expire or until he has a new note provided from the doctor. A parent or guardian may not override a doctor's note. Depending on the injury and at the doctor's discretion, the student-athlete may be asked to seek treatment/therapy at the GHS Athletic Training Room from one of our Athletic Trainers. Treatments for Middle School student-athletes are at 7:00am. *****Due to Covid restrictions we will make use of the Virtual Training Room on Google Classroom. The code is: sph6m5q** Any restrictions placed on the student-athlete for school sponsored sports are also to be followed while that student-athlete participates with their club team (Ex.: If you are not allowed to work out with your school team, you must not work out with your club team). Any student-athlete found to be breaking this rule will be required to attend a mandatory meeting between the coaches, student-athlete, and the parents.

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CONFLICT RESOLUTION

Any conflict should be addressed in accordance with the following protocol using the proper chain of communication. Please do not jump the coach or coordinator to speak with a principal or high school coordinator. They will just direct you back to the campus coach and coordinator to follow this stepwise protocol:

1. Student meeting with coaches.
2. Parent phone call / email to coach.
2. Student and Parent meeting with coaches at a mutually appointed time (**NEVER IMMEDIATELY AFTER A CONTEST OR GAME**)
3. Meet with the Campus Athletic Coordinator, coach and Athletic Director at a mutually appointed time.
4. Meet with a Campus Athletic Coordinator, GISD Athletic Director and Principal at a mutually appointed time.

Please remember that per FERPA regulations we will not discuss student-athletes other than your own child.

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FORBES FALCON PARENT ACKNOWLEDGEMENT

I/we have read and understand the procedures governing the FORBES FALCON athletic program.

I/we will adhere to the rules and regulations as stated in this document.

Parent Name (Printed)

Parent Signature

Date _____

Athlete Name (Printed)

Grade _____

